



## WELCOME, NEW GGGSMDC MEMBERS

Name	Location	Swissy
Asher Bernard	Danville	Thor the Dog
Alex Blits	San Diego	Ansel
Tania/Michael Canfield	Yorba Linda	Teddy
Sara Nicole Jones	Danville	
Terry Lock	Hillsborough	Kalani
Michael/Michelle May	La Mesa	Bruce
Amy Plasmyer Sean P'anson	Ventura	

# THE BLAZE

*Having Fun with Our Greater Swiss Mountain Dogs*

## PRESIDENT'S LETTER

Hello!

We have had two virtual events this year: Paws-A-Thon and Ready-Set-Rally. For those who participated in the events, we thank you, but most importantly your Swissy thanks you. These working dogs love to work and spend time with you!

Keeping the motivation to train and work with your dog can be challenging with no events coming up. There may be a solution in virtual events that are sponsored by AKC. In this Blaze you will be provided the information to earn some AKC titles for your Swissy, I have participated in all of them and have a blast training for and doing them. I hope that you will, too!

We are a small Club, about 100 members. I am excited that our California breeders are asking their new puppy people to join. We have welcomed new members to the Club this year because of them. I am so glad that we can all work together and show our Club is strong with the best people!

Kim Gradin, our Treasurer, is including her report in this Blaze. You can see the funds we've taken in from the virtual events and fund raisers. Thank you to all who participated! We still have more planned for 2020! Please keep looking for the announcements.

If you have any ideas for events or comments about how our club can improve, please email me or any of the board members.

Swissy Kisses,



Julie Vonada

1 Calendar, Presidents' Letters	9 Roll, Swissy, Roll	16-17 Congratulations	24-25 Care During the 2 <sup>nd</sup> Half of Life
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## Officers, Board Members and Committees

**President:** Julie Vonada

**Vice President:** Lisa England

**Secretary:** Carol Bamsch

**Treasurer:** Kim Gradin

### **Board Members**

Paula Robles Maria Jensen Kaitlyn Lawrence

**Membership:** Susan Robinson

**Ways and Means:** TBD

**Awards and Trophies:** Erin Stammer and Kaitlyn Lawrence

**End of Summer Party:** Paula Robles

**Clinics & Titles:** Julie Vonada

**Calendar:** Carol Bamsch

**Volunteer Liaison:** Kaitlyn Lawrence

**Show Events:** Erin Stammer

**Working Events:** Lisa England

**Newsletter:** Susan Robinson

**Website:** Mike Jacobs **Facebook:** Julie Vonada



Hogan Friesch

**The objectives of the club shall be:**

**To encourage and promote quality in the breeding of Greater Swiss Mountain Dogs and to do all possible to bring their natural *qualities* to perfection.**

**To urge members and breeders to accept the standard of the breed as approved by the American Kennel Club as the only standard of excellence by which Greater Swiss Mountain Dogs shall be judged.**

**To do all in its power to protect and advance the interests of the breed and to encourage sportsmanlike competition at dog shows (obedience and agility trials, drafting and tracking tests).**

**To conduct sanctioned matches and specialty shows under the rules and regulations of the American Kennel Club.**

**To have FUN together with our Greater Swiss Mountain Dogs.**



## GOLDEN GATE GREATER SWISS MOUNTAIN DOG CLUB



## VIRTUAL PAWS-A-THON

MAY 11 - JUNE 15, 2020



First Name	Last Name	City		Dog Names	Week 1 May	Week 2 May	Week 3 June	Week 4 June	Total Miles
Holly	Webb	Oakhurst	CA	Geordi	32.86	17.76	21.37		71.99
Julie	Vonada	Lower Lake	CA	Dixie, Fredrick, Berkeley	24.1	30.48	27.79	33.01	115.38
Jaime	Taylor	Saltsburg	PA	Sentry, Eleanor, Soldier	12.96	24.06	45.41		82.43
Kelly	Stover	Simi Valley	CA	Emmie, Mia, Samson, Sophie	12.49	28.7	13.13		54.32
Deena	Steinacher	Corning	ca	Hamilton	15.45	13.21	30.05		58.71
Annika	Schmid	Elgin	OR	Newton	0	6.76			6.76
Susan	Robinson	Meriposa	CA	Liddy	10.28	10.6	6.2		27.08
Linda	Ridenour	Modesto	CA	Murray	3.5	6.08	0.96		10.54
Christine	Mata	San Diego	CA	Glory	9.84		5.4		15.24
Amy	Marshall	Plymoth	MA	Big T	20.49	16.03	14.05		50.57
Kaitlyn	Lawrence	Orangevale	CA	Holman	9.33	12.01	10.49		31.83
Maria	Jensen	Watsonville	CA	Logan	1.8	3.54	1.27		6.61
Mike	Jacobs	Goleta	CA	Finn	16.44	11.62	4.64		32.7
Florence	Hulihii	Tempe	AZ	Maverick	14.13	17.02	14.26	12.04	57.45
Amanda	Hoyer	Las Vegas	NV	Cedarcoves Keeping Kind	7.16	4.55	8.65		20.36
Kimber	Gradin	Miranda	CA	Cayenne and Solveig	4.48	2.78	1.66		8.92
Jennifer	Faulk	Yorba	CA	Jetty, Hudson	44.58	26.58	45.76		116.92
Tammi	Escalle	Oak Harbor	WA	Freya	2.91	0	0		2.91
Lisa	Engalnd	Newhall	CA	Brig, Chunk, Bauer, Issie	0.56	0	0		0.56
Alison	Burns	Larkspur	CO	Rodeo	9.2	10.14	12.14	10.23	41.71
Laura	Bloedel	Lebanon	OR	Atticus	32.66	47.87	34.14		114.67
Cindy	Beckman	San Francisco	CA	Miles	9.12	12.26	16.25		37.63
Carol	Bamsch	Santa Clara	CA	Maya, Bailey	0	20.91	35.75		56.66
Nancy	Anderson	Somerville	MA	Emmitt	19.02	15.96	20.15		55.13



1st-Jenn Faulk, Hudson, Jetty



2nd-Laura Bloedel, Argos, Atticus



3rd-Jaime Taylor-Soldier, Eleanor, Sentry

THANKS to Julie Vonada and Lisa England for orchestrating this super fun activity!

Click here for [Paws-A-Thon Photos on Facebook](#)





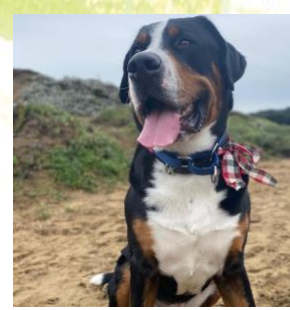
Rodeo-8



Alice-1



Bauer-3



Hansel-3

Happy Birthday!!

Every year is a gift to us.



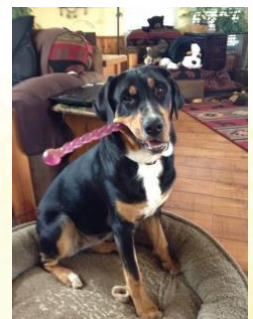
Blumen-11



Drouhin-1



Fredrick-7



Harley Rose-7



Freya-5



Gilly-1



MacSwiss-1



Echo, 6 and Big Mama Nexpa, 9



Jetty-2



Brutus-5



Cassie-2



Ivy and Norman-6



Murdoch-6



Philo-8



Samson-2



(Gilly and) Truckee-3

These photos are taken from Facebook. Send birthday photos to [srobinson@sti.net](mailto:srobinson@sti.net)



## Welcome, New Members!

Asher Bernard and Thor the Dog Danville, CA



Asher, Grey, Bam and Thor the Dog



Asher and his puppy ,Thor the Dog

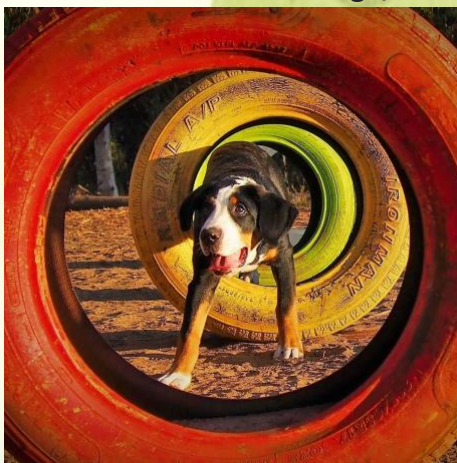


Asher and Thor the Dog in Tahoe

Alex Blits and Ansel San Diego, CA



Alex and Ansel coming home



Ansel in the park



Ansel and Stig Baker

Tania and Michael Canfield and Teddy Yorba Linda, CA



Mike hiking with Teddy



Tania, Marina and Catherine with Teddy



**Welcome, New Members!**  
**Waiting for their Swissy puppy!**



Mike, Nicole, Michael, Connor and Kelsie Jones, Danville CA



Ava Plasmyer and Sean l'anson, Ventura CA

**Terry and Kalani Lock Hillsborough, CA**



Terry was a member years ago. Kalani is from Troy Riewe's "Snow White" Litter.

**Michael and Michelle May with Bruce La Mesa, CA**





## Separation Anxiety in Dogs: Know Before You Go By Lea Jaratz



Pet owners commonly find themselves at the hand of a sneaky issue with their canine pals: separation anxiety. Some dog's needs run a bit higher than others – especially when it comes to their humans leaving them. If you're having a hard time getting your dog to decompress when you leave the house, you're not alone! In fact, people frequently reinforce their pet's anxiety without even meaning too. The first step to conquering this dependence, is learning how to identify separation anxiety.

### Signs of Separation Anxiety in Dogs

While signs of separation anxiety can come through in different ways, there are common negative reactions to a pet parent leaving such as:

- Vocalization
- Destructive behavior
- Accidents in the house

These symptoms can be seen right before the pet parents leaves or very soon after. Many people come home to find their belongings trashed or find chewed possessions if their pet is destructive. Dogs that bark or howl when their person leaves could be voicing unhappiness or distress at the situation. Bathroom accidents can be attributed to fear or inability to hold their bladder for the time span their human was gone. This should be evaluated on an individual basis with regards to dog's age and house training status.

### How To Stop Separation Anxiety

While there is no set route that fits every dog out there, there are multiple steps you can take to help ease or get rid of your dog's separation anxiety:

#### Establish A Routine

There are commonly two extremes when people begin combating separation anxiety. One extreme are those who want their dog to get used to their routine without much introduction. Commonly, this can lead to people leaving their dog for long amounts of time, or that of a work day, and thinking this will help them adjust. The other side of the spectrum are those who won't leave their dog for more than hourly increments which can harvest bad manners in the future. Most pet parents want to land right in the middle. In order to do so, begin by leaving your dog for growing amounts of time (15 minutes, then 30, then an hour, and so on). Most importantly, set a routine for your dog to expect. For example, you should have a daily routine put in place so that your pup can begin to track when you are home and giving him attention vs. when you will be gone and he will have to entertain himself.

#### Set An Expectation For Leaving

Your first instinct to calm an anxious dog is to provide them with reassurance that you'll be gone only a little while, that you'll be back soon, and to snuggle the heck out of them when you get back. Your first instincts are wrong and, sadly, making it worse. Instead, when you go, say a simple goodbye, maybe give them a treat or Kong to make the farewell a bit sweeter, and go out the door with little fuss or eye contact. When you get back, don't even acknowledge the dog until he's calmed down completely. No hello, no butt scratches, no cookies. Once he's chill, commence the calm snuggles.

### Use A Variety of Tools

#### Positive Crate Training

**Crate training** is the easiest way to keep your dog from destroying things. Make his crate a happy



place and he just might learn to enjoy it. Additionally, practicing feeding your pup in the crate, and giving them alone time in there while you're home, are great steps towards getting them comfortable.

### **Environmental Enrichment**

It is very important to exercise your dog – a tired dog is a less destructive one. Depending on the breed, or generally energy level of your dog, it may be a good idea to take them on a run, fine-tune tricks, or wear them out a bit prior to leaving them unattended in your home. This will provide relief in both physical and mental boredom while you're gone, giving them ample time to nap- ideally.

While you're gone, make sure to provide enrichment. Kongs and other durable toys provide **environmental enrichment** while you're away. By turning alone-time into a chance to play, you give your dog a healthy, productive activity. (Pro tip: keep the quantity to a minimum and offer them only in your absence. Giving your dog 10 toys can actually decrease their desire to actively play.)

### **Tools to Discourage Chewing**

If the destruction is shown through bite marks, there are **a few ways you can cure chewing** behavior. Bitter apple spray and other taste deterrents can be a stuff-saver. While it can be inconvenient to apply the spray, it can help stop your dog from making a snack out of your couch.

### **Proper Exercise**

That's as simple as it sounds. A sedentary dog has no positive outlets for his anxiety or frustrations. Walks, runs, a quick game of fetch, even chasing a tennis ball up and down the stairs can help your dog clear his head. If you have the option to **enroll your dog in daycare** or hire a walker for quick outings, it's worthwhile.

### **Promote A Calm Atmosphere**

It's easy enough to offer comforting elements while you're out. Tuning into a calm, soothing TV or radio station can help a dog feel less alone. Stay away from programs with loud or upsetting noises such as sirens or shouting as these can distress sensitive dogs. If your dog can be trusted not to shred it, a favorite snuggly toy or blanket (perhaps one that smells a bit like you) can be of solace as well.

### **Train "Settle" or "Relax"**

By training your dog to settle on cue allows them to know your expectations through one command. You should focus on having your dog lay down in their crate, or safe space, without reward. All attention-seeking or excitable behavior should be ignored. Once your pup has it down that only calm movements are acceptable, you should begin rewarding the good behavior and ignoring the bad. You can use food, clicker training, etc., to achieve these results.

### **Set A Safe Space**

While training your dog to relax, you should choose whether or not you want them to rest in their crates or free range. If you opt out of crate training, you should train them to relax in a comfortable area, like a bedroom or couch. This will serve as the relaxation point in which they will associate a relaxed attitude. You should start with a barricaded area, if not a crate, so that your dog is in a restricted area that will keep them safe. In this area, they will gradually learn how they are expected to act. Additionally, the background noise, aromatherapy, or comfortable blanket will all help in this transition.

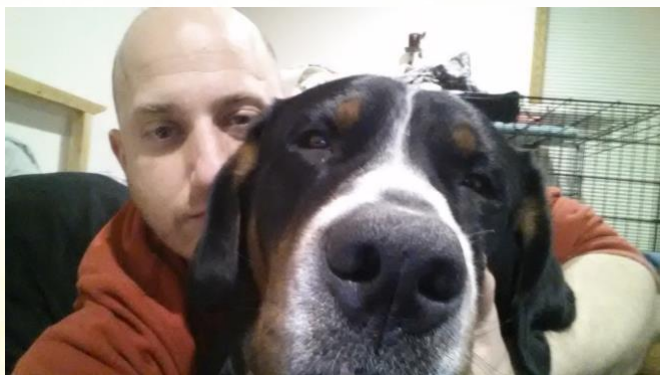
No doubt, separation anxiety is heartbreaking for both pup and pet parent. If you try these steps and don't succeed, it might be time to discuss other medical or behavioral options with your vet.



## Roll, Swissy, Roll!

**Bruce Detore, President of the Cascade GSMD Club and Golden Gate GSMD Member**

Imagine this. You wake up on any given morning and lying next to you is your loyal best friend. You turn over, telling him good morning. He wags his giant tail with a loud wop! wop! wop! On the bed and tilts his head up to see you. You put your arm around him, maybe scratch his head, his ears. Maybe he makes some happy grunts and groans. Suddenly and without warning, he buries his head, slowly twists on his back, and sticks his front paws straight into the air! You, my friend, have just borne witness,...to the Swissy Roll.



The Swissy Roll is a phenomenon witnessed by Greater Swiss Mountain Dog owners everywhere, and veterans of the breed know its many variations. It can happen on a bed, a couch, or a freshly mowed patch of grass on a sunny day. It's even been known to happen right on the carpet! The front paws can go straight out as if the Swissy is pretending to be some sort of inverted Superman, or they can tuck in like adorable little T-Rex arms. But if the maneuver is performed near a human, it is imperative that belly rubs and chest scratches are performed immediately and maintained for a prolonged period. Failure to do so will result in the best friend tilting back on his side, and the roll will fail.

The phenomenon seems to occur at times and ways that make it difficult to photograph. But intrepid Swissy enthusiasts have been known to snap pictures of the event. Although, most would agree that getting one at the height of the event is exceedingly difficult, making it a most prized image.



Do other breeds exhibit this behavior? I don't know. I haven't done proper research in this regard. I personally don't own other breeds, and quite frankly, I am not prepared to find out.

Although it is impossible to completely understand the phenomenon, over the years I have come to believe it is a display of joy and contentment from the best friend. It may mean he feels safe, loved, comfortable. Perhaps all three. The Swissy Roll can be performed slowly, resulting in a static pose, or excitedly with rapid wriggling from side to side. I have found the latter occurs in the sun on lush green grass. And in the rarest of occurrences, one may witness multiple Swissies perform the maneuver simultaneously!

In truth, it's just a term I came up with. I wouldn't be surprised if more Swissy owners call it that. Maybe you call it something different. What I do believe with 99% certainty, is that if your Swissy is rolling, then he or she is happy, and that means you are doing something right. Keep taking good care of your best friends. And to your Swissies, keep on rollin'!





I love pinecone-Ansel Blits



I smell a snack in here—Brutus Detore

## FREDRICK, BERKELEY & DIXIE'S TURKEY SCRAMBLE

Do you have a favorite Swissy recipe?

How about sharing it with your Golden Gate GSMD Swissy family?

Send to  
[srobinson@sti.net](mailto:srobinson@sti.net).



1 lb. ground turkey  
2 cups Total Cereal  
3 eggs

In a large fry pan, brown the turkey over medium heat. Add cereal and continue cooking until almost done. Add eggs and mix in the shells, too.

Serve slightly warm over kibble. Yum!  
Julie Vonada



Gilly and Truckee

Brando Marino & Harley  
Rose Bush

Chunk England



Holman, Failla &amp; Twister Snyder



Dirty Harry



Some for me, Dad?" Axel McNeil



Glory Mata



Jetty



Truckee Hansen



# WATCH YOUR FEET! (AND YOUR PAWS!)

Air Temperature

102°

With Sunshine...

Blacktop

167°

Brown Grass

120°

Concrete

143°

Green Grass

106°

Data Taken with an Infrared Thermometer, NWS Las Vegas

162° - human skin is instantly destroyed  
 160° - minimum safe temperature for cooking ground beef  
 144-158° - temperature at which an egg is fried  
 131° - skin receives second degree burn injury  
 118° - skin receives first degree burn injury  
 111° - initial pain threshold for skin contact

\*Burn Data from nist.gov

\*\*Temperatures in °F



National Weather Service



/NWSSacramento



@NWSSacramento

## SYNTHETIC TURF IS 40-70 DEGREES HOTTER THAN SURROUNDING AIR TEMPERATURES ON WARM SUNNY DAYS

On clear warm days, synthetic turf fields get superheated to temperatures from 120 to 180 degrees F. Playing on synthetic turf can melt shoes, blister hands and feet, and induce dehydration and heatstroke. <https://www.safehealthyplayingfields.org/heat-levels-synthetic-turf>



Samson Stover



Ansel Blits



Sadie Langan



## RODEO ANNOUNCES THE "EL CAPITAN" LITTER



**Born: April 15, 2020**

**Sire: GCHB CedarCove's Geordi RODEO Next Generation "Geordi"**

**Dam: BOSS GCHS Rodeo's All About the North Rim Nostalgia RA CGC TKN "Nexpa"**



**"Arlo" RODEO's El Capitan Atlantis Arlo,  
owned with RODEO by the Trenary Family,  
Ross and Maria Orinda, CA**



**Arlo and Summit**

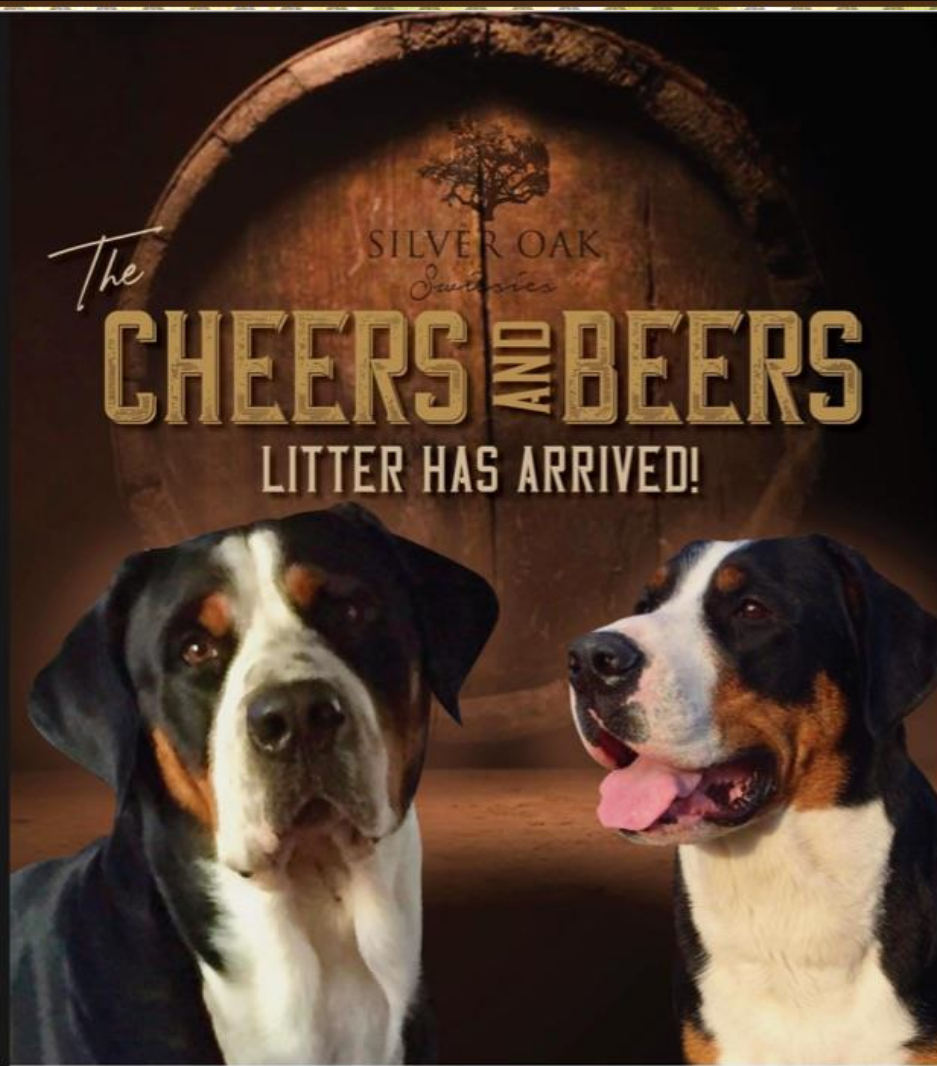


**"Summit" RODEO's El Capitan The Shield Summit,  
owned with RODEO by the Bixby Family,  
Julia and Kristi Santa Maria, CA**

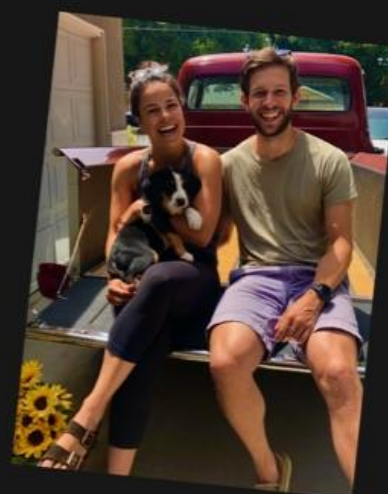


Holly Webb RODEO Greater Swiss Mountain Dogs Friendly West Coast Swissies!  
(209) 379-5775 [rodeoswissy@yahoo.com](mailto:rodeoswissy@yahoo.com) [www.rodeoswissy.com](http://www.rodeoswissy.com)





*Sire* INT/AM CH GCHB ALPINEZ ENGLAND'S SILVER OAK FDC NDD CGCA TKN WPD WWD RATI HCT  
*Dam* INT/AM CH CH CEDARCOVES PRINCESS OF ENGLAND'S ISADORE-ABLE CGC TKN NWPD RATI HCT



**Silver Oak's  
Buttery Chard**



**Silver Oak's  
Miles Away From the Ordinary**



**Silver Oak's  
Chuckaluck Radler**



**Silver Oak's  
Perfect Blend**



**Silver Oak's  
Sparkling Crush**



## TIMBER RIDGE GREATER SWISS MOUNTAIN DOGS introduces the Dragons Litter

**Sire: GCHS CH Northwoods Daddy-O TKN "Enzo"**

**Dam: GCH Liberty Run's Cayenne Pepper-She's Hot! RN, CGC, TKN, HCT "Cayenne"**



**Timber Ridge's Saphira-Flamin' Hot! "Millie"**

**Born on June 27, 2020, Millie now lives with her new Sciacca family in Los Alamitos.**



**Saphira's /Millie's new dad has wanted a Swissy for years, and his family brought home a great one.  
In the middle, she poses with her Daddy Enzo.**



Timber Ridge Greater Swiss Mountain Dogs    Miranda, CA  
Glenn and Kimber Gradin,  
proud owners and breeders of Greater Swiss Mountain Dogs

[kimberglenn@gmail.com](mailto:kimberglenn@gmail.com)

<https://timberridgemountaindogs.com/timber-ridge-greater-swiss-mountain-dogs>



**treeNsea**

**GREATER SWISS MOUNTAIN DOGS & MASTIFFS**

**FIREWORKS LITTER**

Born July 3, 2020 4 females/1 male are all reserved



**Sire: GCHB Cedar Cove's Geordi Rodeo Next Generation "Geordi"**

**Dam: CH treeNsea's Freedom Fighter "BoomBoom"**



**[maria@treeNseaGreaterSwiss.com](mailto:maria@treeNseaGreaterSwiss.com)**

425 Corralitos Rd

Corralitos, CA 95076-0523





## CONGRATULATIONS in the Time of COVID!

Berkeley and Fredrick Vonada both earned their ACT 1 Titles-Agility Course Test



Remington's Pride A Dream of Spring CGCA, CGCU, TKI "Gilly" earned her CGCU and completed her Therapy Dog Program.



Congratulations,

Andie Hanson



GCH CH Liberty Run's Cayenne Pepper-She's Hot! CGC, RN, TKI, HCT all Owner-Handled!



Kelly Stover and Novice Draft Dog Emmie  
CH Quartz Mountain Easter Award Winning BN RN CGC



# MORE CONGRATULATIONS in the Time of COVID!



CH Cherished Magically Makes Tomorrow CGC "Koda"



Blue Hills A Pair of Fine Eyes TKN, NWPD "Liddy"



Silver Oak's Sparkling Crush "Mallory" earns her first title, Novice Trick Dog.



Becky Reinke and Silver Oak's Perfect Blend "Rebel"  
Trick Dog Novice and AKC Star Puppy in Obedience



**VIRTUAL TITLES WE CAN EARN WITH OUR SWISSIES** Julie Vonada**Trick Dog**

Do you and your dog love to be the life of the party by showing off his arsenal of tricks? Then he might be perfectly primed to earn AKC Trick Dog titles! There are five AKC Trick Titles you and your dog can earn:

- AKC Novice Trick Dog (TKN)- Your dog performs 10 skills from the Novice list. (see link to "Application" below for lists of skills). If a dog has a Canine Good Citizen (CGC) certificate or title on record at AKC, it can do 5 Novice tricks (CGC + 5) to earn the Novice title.
- AKC Intermediate Trick Dog (TKI) – Your dog must have the Novice title, plus perform 10 Intermediate tricks.
- AKC Advanced Trick Dog (TKA) – Your dog must have the Intermediate title, plus perform 10 tricks from the Advanced list.
- AKC Trick Dog Performer (TKP) – In this title, handlers perform a short routine with at least 10 tricks with at least 3 tricks using props.
- AKC Trick Dog Elite Performer (TKE) – In the highest level of Trick Dog, the Elite Performers perform a routine that has a story/script. At least 5 props are used.

Link: <https://www.akc.org/sports/trick-dog/>

**Rally Novice and Rally Intermediate    AKC Rally® Virtual Pilot Program**

During this time of necessary social distancing, we want to give our beginner AKC Rally® exhibitors a reason to continue training their dogs and to stay engaged with the sport of Rally. The AKC Rally Virtual Pilot Program will provide these exhibitors an opportunity to enter an AKC Rally® event.

The pilot program is designed to have the Rally competitor set up a pre-designed AKC Rally® course, record the team's performance, and submit it to AKC. In turn, AKC will assign a pre-selected AKC Rally Judge to virtually review and score the team's Rally performance.

There are five pre-designed courses, for each class level, published on the AKC website for the exhibitor to choose from. The exhibitor will setup the course according to the instructions provided in the FAQ document, video the performance, upload the video to their personal YouTube account, set the required YouTube viewing options, and submit the video link with the entry form and fee to AKC.

Once the entry form is received, the video link will be assigned to a judge for review. AKC will notify exhibitors of the unofficial scoring results. All eligible qualifying scores will be recorded on the dog's AKC record and applied toward the relevant Rally title.

This pilot program will end at midnight **December 31, 2020** and all video submissions must be received by that date and time. We are excited to offer this virtual option to our Rally exhibitors.

Link: <https://www.akc.org/sports/rally/rally-virtual-entry-pilot/>

**Agility ACT-1 and ACT-2**

The Agility Course Test (ACT) is an entry level agility event designed to introduce and welcome beginning dogs and their handlers to the AKC sport of agility.

There are two levels of ACT events – ACT1 and ACT2. ACT1 is designed for the beginning level dog to show beginning sequencing and performance skills. ACT2 requires an increased skill level shown by the additional obstacles to be performed.

In addition to showing their dog's entry level skills, exhibitors will learn to fill out an AKC entry form, taking their dog in and out of ring, handling their dog while being judged and other information that will help them when they move on to AKC agility trials with their dog. Dogs must be 15 months old to enter these events. They do not need to be AKC registered at the time of entry.

Link: <https://www.akc.org/sports/agility/act-program/act-virtual-program/>



## PUPPIES!



Coda Skorpen/Scanlan



Slice Stammer



Rebel Reinke



Steffi McNamara with her sisters



Arlo Trenary on his porch



Mallory Ridenour in her coffee table



Ansel Blits at the beach



## A BIG LAUGH IS GOOD FOR THE SOUL



Have you gotten this look?



How Much Does Your Swissy Shed? By Jetty Faulk

## GGGSMDC WAYS & MEANS

Many thanks to Lisa England!

### RAFFLE!! RAFFLE!! RAFFLE!!

Who will be the lucky winner of this beautiful Custom Handmade Hickory Hay Cart donated by Oso Creations LLC?



**COMING SOON!**

### HUGE SUCCESS-CART LICENSE PLATES!



**LET'S GET CARTING!**



## SWISSY ADVENTURES



Silver Oak Muddy Paws



Drouhin & Rodeo on the road again



Ansel Learns to swim



Brutus at Crater Lake



Axel tastes the Truckee



Elsa Ellis in Montana



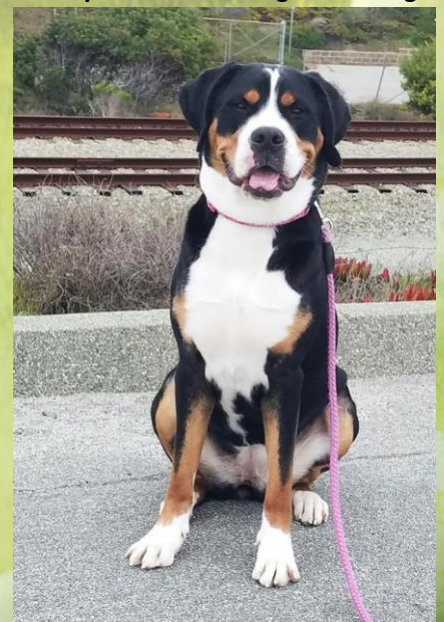
Glory Mata sunbathing in San Diego



Jetty and Hudson Faulk in the High Sierra



Merlin & Oz Steenstra on the Eastside



Sage Erikson at Ft. Ord

Every moment  
spent with your Swissy  
is worth a  
Lifetime of memories.



## Swissies and Their Friends



Ansel Blits and Bean



Hogan Friesch and his iguana



Bruce May and his kitty, Pearl



Koda and Kallie Allen



Dirty Harry and Ebony Zetterquist



Louise, Ivy & Norman Logan-Borst



Lincoln and Shep Langan



Best Pals—The Shark and MacSwiss



Murray and baby sister Mallory Ridenour



Sadie and Pai



Paws-a-Thon Swissy and Rattler

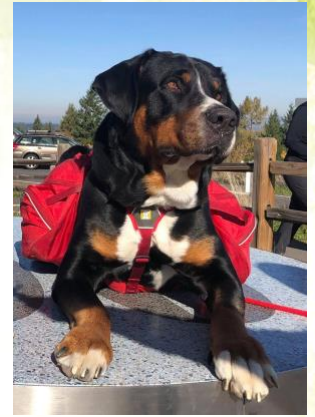




Blumen Riewe



Zoey-Black Mountain Espresso (Just because)



Brutus' Pack Hike face



Glory Mata



Bruno Schmoltdt



Jetty Faulk



Murdoch



Poppy England



Luna Manunjathaiah



Rebel Reinke



Berkeley Vonada



Liddy Robinson



Sage Erikson at Lovers Beach



## Caring for Your Dog in His Second Half of Life Analysis by [Dr. Karen Shaw Becker](#)



All of us with dogs in the family want very much for our canine companions to be healthy, happy, and right here with us for as long as possible. That's why it's important to realize that just as [puppies require special care](#) and attention, so too do dogs getting up in years.

I think it's beneficial to keep in mind that just as you devoted yourself to helping your pup get off to a good start in life, your older dog needs you just as much — and perhaps more — to help him live the good life in his golden years.

Since our canine companions are considered seniors after the age of 7, it means we're given a unique and perfect opportunity to make the second half of their lives as healthy and happy as the first half.

### 6 Tips to Keep Your Older Dog Healthy and Happy

**1. Look after those teeth** — The right diet, regular brushing and professional cleanings can keep your dog's teeth healthy for a lifetime. Oral disease, left untreated, can cause or worsen systemic diseases and can be painful as well. Contrary to popular belief, most older dogs (and cats) can be safely anesthetized for dental exams and teeth cleaning.

**2. Adjust your older dog's diet as necessary and don't skimp on high-quality protein** — Almost every dog thrives on a whole, unprocessed species-specific diet, but [aging pets need more protein](#) than younger animals. The more digestible and assimilable the protein, and the higher the moisture content of the food, the easier it will be for aging organs to process.

The healthiest food for most pets, regardless of age, is whole, unprocessed, and in its natural form — and this includes animal meat, which should be the foundation of your healthy dog's diet throughout his life. Foods that have not been dehydrated or processed are the most assimilable for the body.

Try to steer clear of any commercial pet food that contains a high percentage of fiber, no matter your dog's age or weight. The presence of fiber in commercial pet food is marketed to consumers as a healthy addition, very similar to how it's marketed when added to human food. But fiber in commercial dog food is typically nothing more than an inexpensive filler ingredient.

**3. Keep it moving** — Senior and even geriatric dogs still need daily exercise to maintain good health and physical conditioning. While it's true older dogs can't exercise or compete at the same level as their younger counterparts, they still need regular walks and other age-appropriate physical activity.

There are three types of [antiaging exercises](#) that can also be of tremendous help to aging canine bodies:

- Passive range-of-motion (PROM) exercises
- Exercises that maintain balance and fluid movement
- Exercises that target the big, body-supporting muscles like the hamstrings and gluteals

Gentle stretching is also a great natural tool to improve the well-being and longevity of your dog.

**4. Schedule twice-yearly wellness visits** — Ideally, I like to see all my canine patients at least twice a year, but this is especially true for senior and geriatric dogs.



Around the age of 8 (younger for some large and all giant breed dogs), your dog's wellness and nutritional needs can require fine-tuning every 4 to 6 months. In older pets it's very important to review weight, muscle tone, joint range of motion, diet, supplement protocol, and exercise habits at least semi-annually.

The [senior pet wellness screen](#) is an excellent tool for early detection of changes in your dog's health so that treatment, including appropriate lifestyle changes, can begin immediately. Regular wellness visits allow your veterinarian to compare current test results with past results to check for changes that may need further investigation.

Ask your vet to perform a blood test to check your pet's internal organ health to make sure you are identifying possible issues early on. There's also a blood test that measures inflammatory fats you may want to consider.

**5. Keep your dog's aging body comfortable** — If your dog seems physically uncomfortable, it's important not to assume it's just a natural part of aging. You want to make sure she's not in pain, so a visit to your vet is in order. The sooner a health problem is diagnosed and treated, in most cases, the better the outcome.

Keeping your dog at a healthy weight and physically active will help control [arthritis](#) and degenerative joint disease as he ages. Chiropractic adjustments, water exercises, and acupuncture can also provide enormous benefits in keeping dogs mobile in their later years. In addition, talk to your vet about Adequan injections, which can stimulate joint fluid very rapidly in pets with arthritis.

Regular massage can help keep your senior dog's muscles toned and reduce the slackening that comes with aging. Massaged muscles are looser, which makes it easier for your pet to move around comfortably. Massage also improves circulation, encourages lymphatic drainage, and eases joint stiffness.

There are a wide range of supplements that can be added to your dog's diet to help maintain healthy tendons, ligaments, joints and cartilage as they age. These include:

- Glucosamine sulfate with MSM and eggshell membrane
- Omega-3 fats (krill oil)
- Ubiquinol
- Supergreen foods like spirulina and astaxanthin
- Natural anti-inflammatory formulas (curcumin, proteolytic enzymes and nutraceuticals)

Consider purchasing or building ramps for a dog who is having trouble getting into the car or up on the bed or a favorite chair. This can also help prevent injuries in aging dogs. If your dog is having trouble with balance or vision, consider gating off stairways or adding safety treads to prevent slipping.

Be sure to add rubber grippers under any throw rugs to prevent falls. Cover slick surfaces with yoga mats to prevent slips, trips or falls. For dogs with failing vision, you'll also want to avoid rearranging furniture, which can make the space difficult for your pet to navigate and use extra care to ensure they don't wander off when they're outside.

If your dog has problems hearing or seeing, use safe, nontoxic odor cues such as essential oils to help him find his way around.

**6. Provide regular opportunities for socialization and mental stimulation** — No matter how old your dog is she still needs regular social interaction with other pets and people. As is the case with humans as we age, if your four-legged family member doesn't stay active and involved in life, her world can become a confusing, scary place.

She needs regular exposure to other pets and people but take care not to over stimulate her – short periods of socialization and playtime in controlled situations are ideal.

[Enriching your dog's environment](#) can help alleviate or stall the mental confusion and decline of cognitive function that often come with old age. In addition, sticking to a predictable daily routine can help reduce anxiety and mental uncertainty, and treat release and food puzzle toys provide fun and mental stimulation.

Supplements for brain health may also be useful, including krill oil and other healthy fats, including MCT oil, as well as a source of SAME (S-adenosylmethionine). Other supplements to consider are SOD (superoxide dismutase) and resveratrol (knotweed). Ginkgo biloba may improve blood flow to the brain. Phosphatidylserine and [ubiquinol](#), which is the reduced form of CoQ10, feeds your pet's mitochondria and improves cellular energy.



## SWISSIES AND THEIR PEOPLE



Tucker, Chase and Baby Robins



Trinity, Erin and Slice Stammer



Axel and his Family



Harley Rose and Don Bush



Kai, Blumen, Irene Tan and Troy Riewe



Jetty, Hudson & Todd Faulk goin' fishin'



Maria Jensen, Desi, Shaq, and Molly in Santa Cruz



Sage and David Erikson in Marina

"No one appreciates the very special genius of your conversation as the dog does." -- *Christopher Morley*

"Dogs need to sniff the ground; it's how they keep abreast of current events. The ground is a giant dog newspaper, containing all kinds of late-breaking dog news items, which, if they are especially urgent, are often continued in the next yard." -- *Dave Barry*



## FOURTH of JULY SWISSIES



Pawtriot Brig



The Bush Family 4<sup>th</sup>



Fletcher Stecker Stylin'



Holman Lawrence



Murray Ridenour teaches Mallory about the 4<sup>th</sup>



Berkeley sporting his 4<sup>th</sup> Bow-Tie



Stover 4<sup>th</sup> of July



Fredrick, Berkeley and Dixie



## RAINBOW BRIDGE

### Kait Glenn

Kait is in heaven, eternally playing with Petra, Tara and Fagan.



Loved forever by Randy and Nancy Glenn

### Hamish Bryson

I'm a star.



Jubilee welcomed her brother and they are romping happily together.

We will remember the many happy times through the years when we enjoyed your sweet Swissies.



# Golden Gate Greater Swiss Mountain Dog Club

## Treasurer's Quarterly Report January thru March 2020

### Accounts:

The **March 2020** statements show the following ending balances:

- Wells Fargo Bank Statement
  - Savings: \$ 11,074.71
  - Checking: \$ 810.64
- Paypal: \$ 121.04

There are no cash/checks to be deposited:

- \$0 cash/\$0 check

There are no outstanding debts:

- \$0 reimbursements

Today, our total balance is: \$ 12,006.39 (excluding outstanding activity).

### Treasury Business:

Our expenses to date are \$1,265.57, our income to date \$.56 (bank interest). Since membership dues for 2020 are now supposed to be in we will have an up-to-date amount posted in April 2020. Most of the ribbons & prizes have been purchased for our events and will be used in 2021 if not used this year.

Respectfully submitted by,  
Kimberly Gradin, GGGSMDC Treasurer



Roxy Palladino



R

Arlo Trenary



Luna Manunjathaiah



## Golden Gate Greater Swiss Mountain Dog Club

### Treasurer's Quarterly Report

#### April thru June 2020

#### Accounts:

The **June 2020** statements show the following ending balances:

- Wells Fargo Bank Statement
  - Savings: \$ 11,074.99
  - Checking: \$ 2,094.34
- Paypal: \$ 201.24

There are no cash/checks to be deposited:

- \$0 cash/\$0 checks to be deposited

There are no outstanding debts:

- \$0 reimbursements

Today, our total balance is: \$ 13,370.57 (excluding outstanding activity).

#### Treasury Business:

The club's income per date is \$ 5,577.38, the expenses \$2,799.09. Our membership is staying strong bringing in close to \$2,000 so far this year. We received a generous donation of \$1,000. in May. The fundraisers have brought in a profit so far of \$551.55 not including Swissyopoly.

Respectfully submitted by,  
Kimberly Gradin, GGGSMDC Treasurer



Flashback to 7-22-10 Ornerly Little Dixie Vonada



Rebel Reinke is ready for his nighttime story



They see right into our souls.



**THE SATURDAY  
EVENING POST**



## SIGNS OF DOG SICKNESS

Toni Killpatrick

Signs start with a change in your pet's routine behavior and attitude.

Watch for:

Decreased energy or activity level

Changes in appetite or water intake

Changes in behavior:

hiding, refusing to play,

Vomiting, diarrhea or straining to urinate or defecate

Poor coat quality, patchy hair loss or excessive scratching

Weight loss

Foul order coming from the mouth, ears or skin

Abnormal whining or crying

Bruno



Boone



Chunk



Fredrick



Hansel



## INFORMATIONAL SITES to VISIT

[Greater Swiss Mountain Dog Club Facebook](#)

[Greater Swiss Mountain Dog Club of America](#)

[Golden Gate GSMD Facebook Page](#)

[Bay Area Swissies – Chelsea Stecyk](#)

[San Diego Social Swissy – Christine Mata](#)

Visit our club website:

[www.goldengategsmdc.com/](http://www.goldengategsmdc.com/)

On Facebook?--Have some fun with your photos.

[SWISSY UNO](#)

Want to travel with your Swissy?

[DOG TREKKER](#)